

Chapter 12: Frequently Asked Question

• Is one 100ml bottle of Nembutal enough for a peaceful death?

While there are several florid accounts of failure by people taking a full 100ml bottle of veterinary Nembutal, closer scrutiny shows a much more complex situation. Exit has examined the details and medical records of several such cases.

In the vast majority of cases, one bottle (100ml @ 60mg/ml) of Nembutal will be satisfactory. However, there is a small group (<1%) who may exhibit a prolongued comatose phase <u>before</u> death (sometimes up to 24 hours). Outright 'failures' remain extremely rare. Indeed, all of the reported failures investigated were associated with discovery and medical intervention. This emphasises the need for careful selection of the place chosen to take the drugs.

In some of the analysed cases, the long comatose phase is associated with the prolonged use of anti-psychotic medication, prior to taking the barbiturate. It is presumed the induction of liver enzymes by these drugs causes some degradation of the Nembutal before it reaches the brain. In this situation, increasing the quantity of drug taken (eg. to 2 bottles, 12gm) may not necessarily hasten the death.

Exit has examined the use of several potentiating drugs which may be dissolved into the liquid Nembutal, removing any possibility of extended coma. The results of these tests will be published in future editions of the *eHandbook*.

Note:

- Drinking a full bottle of veterinary Nembutal (100ml, 60mg/ml, 6gm) *will* result in a peaceful death.
- Total privacy and a location that ensures a long period before discovery is advised.
- Increasing drug quantity can be considered, but may be less important than ensuring a secure location.
- Cease taking any medications that facilitate barbiturate breakdown several days before taking Nembutal.
- The best drug to enhance the effect of Nembutal is alcohol.