

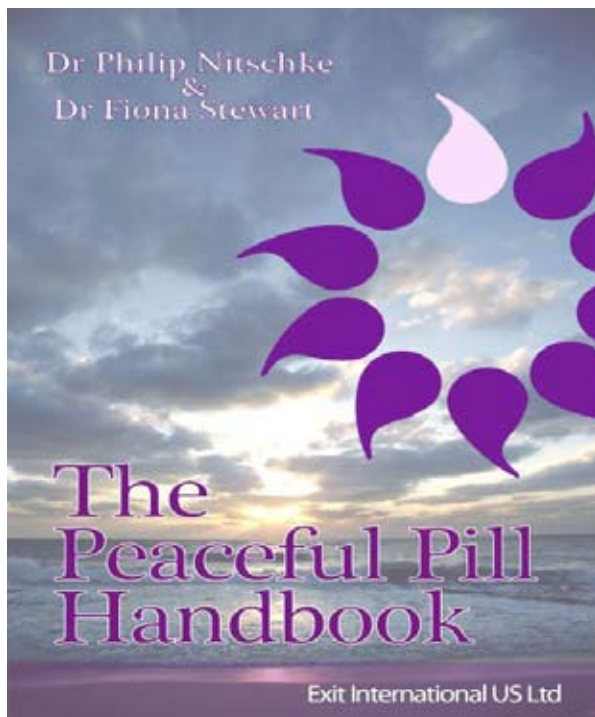
The Peaceful Pill Handbook

In the *Peaceful Pill Handbook* Dr Philip Nitschke draws upon the latest scientific research on end of life choices to share a range of practical and useful strategies that everyone can understand.

By applying Exit's 'Reliability - Peacefulness (RP) Test' to each approach, *The Peaceful Pill Handbook* enables readers to compare for themselves the benefits of various options such as Nembutal from Mexico, Helium and the Exit Bag, prescription drugs, carbon monoxide, cyanide and, of course, the DIY 'Peaceful Pill.'

This unique practical focus serves not only to prevent unnecessary and unwanted mistakes and harm, but upholds people's right to make informed choices in this most sensitive issue.

To ensure that readers know fully where they stand and that responsibility for actions can be taken, *The Peaceful Pill Handbook* also provides a thorough outline of the legal aspects of various approaches. The over-arching paradigm of the book is to ensure the seriously ill and the elderly maintain their respect, dignity and sense of control in EOL decision-making.



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