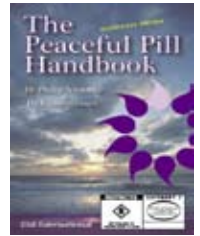




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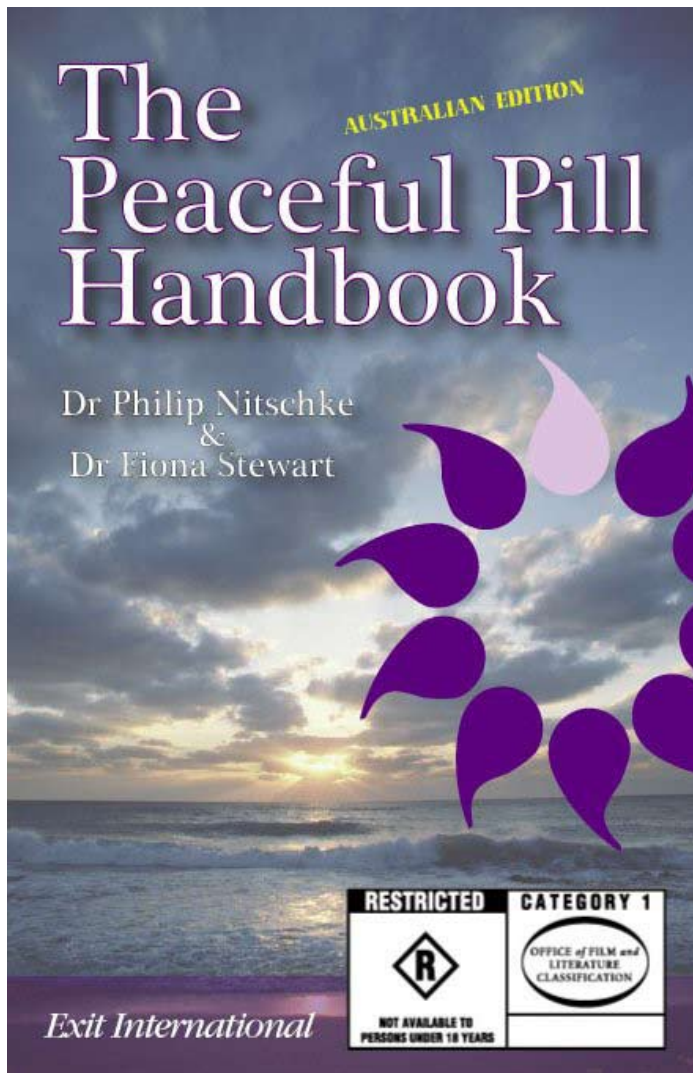
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# *The Peaceful Pill Handbook*

*by Dr Philip Nitschke & Dr Fiona Stewart  
January 2007*



*Dr. Philip Nitschke is a tireless fighter for human rights. He uses his intelligence combined with his resourcefulness to continue to fight for the right to choose. In the face of mounting governmental opposition, he continues to fight for individual freedom*

*Neal Nicol - Author, *Between the Dead and the Dying* Dr Jack Kevorkian's Life and the Battle to Legalise Euthanasia*

## **Handbook Contents**

1. End of Life Considerations
2. Suicide and the Law
3. The Peaceful Pill
4. The Exit RP Test
5. Hypoxic Death & Exit Bag
6. Carbon Monoxide
7. Cyanide
8. Introduction to Drugs
9. Drug Options: Morphine
10. Drug Options: Propoxyphene
11. Drug Options: Nembutal
12. The Peanut Project
13. Overseas Options
14. After it's All Over
15. Concluding Comments

In the *Peaceful Pill Handbook* Dr Philip Nitschke draws upon the latest scientific research on end of life choices to share a range of practical and useful strategies that everyone can understand.

By applying Exit's 'Reliability - Peacefulness Test' to each approach, *The Peaceful Pill Handbook* enables readers to compare for themselves the benefits of various options such as Nembutal from Mexico, Helium and the Exit Bag, prescription drugs, carbon monoxide, cyanide and, of course, the DIY 'Peaceful Pill.'

This unique focus serves not only to prevent unnecessary and unwanted mistakes and harm, but upholds people's right to make informed choices in this most sensitive issue.

To ensure that readers know fully where they stand and that responsibility for actions can be taken, *The Peaceful Pill Handbook* also provides a thorough outline of the legal aspects of various approaches. The over-arching paradigm of the book is to ensure the seriously ill and the elderly maintain their respect, dignity and sense of control.