

e-Deliverance

A Peaceful Death is Everybody's Right

August

Exit International

2009

Gas Flow Control Now Available on Internet

The Exit gas flow control fitting designed to control the flow of inert gases like Helium and Nitrogen to ensure a peaceful, reliable, quick, undetectable and totally legal death are now on sale from www.peacefulpill.com

The flow control consists of a brass compressed gas connector and a tail end that allows ready connection of plastic tubing. The tail end has a

machined control jet fitted inside so that when the system is attached to a standard Worthington Balloon Time

Helium cylinder with a starting pressure of 220psi, a required gas flow of ~15 litres/min is provided by simply turning the cylinder control tap on fully. This same flow control fitting fits directly onto the 4Kg LPG cylinders filled with Nitrogen at 400psi, described on pp 72-73 of the *eHandbook*.

The tail end and jet are easily removed and a pressure gauge fitted so that initial starting pressures for a full cylinder can be established.

Exit recommends the use of these flow control assemblies if one is considering using an inert gas to obtain a peaceful, reliable death. Without the use of such assembly one is confronted with several difficulties - the biggest of which is to establish a suitable gas flow. The flow rate is optimal when large enough to ensure that there is no build up of

expired carbon dioxide in the Exit bag. Tests done by Exit show the initial flow rate should be >10 litres/min (see Fig 5.2, pp 68 of The Peaceful Pill *eHandbook*). It is difficult to use the tap on the

Worthington cylinders for gas flow control (it is designed as a simple on/off tap), too low a rate and carbon dioxide can build up in the bag, too fast and the cylinder can empty much too quickly.

Some have suggested the use of two cylinders connected in tandem to try to avoid this problem. This is not necessary with a flow fitting. Even the small Worthington cylinders (250 litre) give a suitable gas flow for an ample 15 minutes (see Fig

5.4, pp 70 of *The Peaceful Pill eHandbook*). There is no need to source the larger 420 litre tanks or

connect multiple cylinders when one has an assured flow rate over a reasonable period.

Note also, as the flow fitting greatly simplifies gas control, this method of obtaining a peaceful death by establishing a low oxygen (hypoxic), low carbon dioxide (hypocapnic) environment is well within the capacity of most individuals. No assistance is required to peacefully end one's life, and so no laws are broken.

The fittings are available at www.peacefulpill.com. The price is US\$74 (inc shipping worldwide). They ship within 5 days. There is a limit of 3 fittings per order.



Exit's Brass Gas Flow Control Fitting - designed for use with Exit's Helium & Nitrogen strategies



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Changes to Dignitas in the Air?

As the actions of the Swiss assisted suicide organisation, Dignitas, have become more controversial in countries whose citizens patronise their service, so the Swiss authorities have come under increasing pressure to address their country's reputation as the capital of so-called 'death tourism'.

While there are several right-to-die organisations in Switzerland, there is only one that has been prepared to accept foreigners as clients. As such, the Dignitas clinic in Zurich has differentiated itself from its competitors.



The politics that have followed from this difference in approach within the Swiss right to die movement are now being played out in the Swiss Parliament.

Can Suicide ever be Rational?

At Exit International public meetings and workshops, the issue of rational suicide is often a topic for discussion. That is, there is often great interest in a person's right to end their life peacefully, regardless of their state of health.

When discussing this issue, Dr Nitschke routinely outlines the experiences of people who have made such



a decision. First amongst these are Syd and Marjory Croft. Aged in their late 80s, the Crofts died in 2002 in a suicide pact. In their suicide note they wrote that they wanted to go together rather than wait for one of them to fall ill and die without the other. The Crofts also explained that they had lived through the trauma

of the loss of a previous partner when they were in their 70s. Having found each other late in life they were convinced they did not want to experience that same sense of loss ever again. So, they went together.

The other person whose so-called 'rational suicide' has caused controversy is retired French academic, Lisette Nigot. On the eve of her 80th birthday, Lisette took her life with a lethal dose of barbiturates that she had stockpiled over the years. The reason why she did this? Lisette did not want to turn 80.

The 2002 documentary - *Mademoiselle and the Doctor* (order form on page 6) - showed a woman who left her native France for the US immediately after WWII, going on to an illustrious career as publicist at the Waldorf Astoria in New York. The film also showed a woman who knew her mind. Lisette was clear about her intentions and she knew that an assisted suicide/voluntary euthanasia law would never help her. After all, she was not ill and *that is the point!*

For Dignitas, the proposed regulatory changes may have serious consequences and include: a period of mandatory counselling over several months; 2 separate appointments with the prescribing doctor; all clients to be informed of palliative care alternatives; higher burden of proof of suffering from a serious terminal illness, severe disability or the after-effects of a serious accident; psychological assessment for mentally ill/depressed; a ban on assisted suicides for those under 25 years; a cap of 500 Swiss francs per assisted death; and restriction of 12 assisted deaths any one staff member/volunteer.

The regulations are expected to be passed initially in Zurich with other Cantons (local areas) adopting similar laws in the coming months. If successful the future of the Dignitas service for foreigners will be brought into immediate question.

Sir Edward & Lady Joan Die in Zurich

On Friday 10 July, the esteemed conductor, Sir Edward Downes, accompanied his terminally ill wife, Lady Joan, to the Dignitas service in Zurich where they both died peacefully as part of a suicide pact.

Although this is not the first time that Dignitas has been reported to have facilitated a double suicide, it is perhaps the first time that someone of such public prominence has died with their spouse; and died not of old age or illness but as the result of a well-considered, informed decision.

While little is known of Sir Edward's motivation, it is reasonable to conclude that his and Lady Joan's sentiments about wanting to go together were similar to those of Syd and Marjory Croft (see article left).

It is not difficult to understand that a loving couple of many years would not want to be separated in death. However, an assisted dying law will never assist people like this.

This is because it is unlikely that an elderly couple would ever both become terminally ill at the same time.

In other words, it is unlikely that a couple such as Sir Edward and Lady Joan would both ever qualify, to use an end of life law.

In Australia, Sir Edward was much loved as the Musical Director of the Australian Opera in the early 1970s.



Sir Edward & Lady Joan

“I am trapped within my body” Christian Rossiter Pleads for Help to Die

Forty-eight year old former stockbroker, Christian Rossiter, is a man with very few options. Following a serious fall from a roof in Sydney in 2006 Christian became a full quadriplegic. Since that time his home has been a nursing home in suburban Perth.

While the nursing care at this institution is second to none, Christian says that his life has become meaningless. Yes, of course, he has the TV, but he says what is the purpose when he is unable to even change the channel.

On 20 June 2009, Christian decided enough was enough and spoke out. Cognisant that an assisted suicide/ voluntary euthanasia law would never assist him - *he is not terminally ill* - Christian wants the world to know the life he leads, the life that his disability has condemned him to is one that he considers not worth living.

Since appearing in the Australian media and consulting Queens Counsels in Perth, Christian has come to realise he has only two lawful choices, both of which have significant obstacles.

Chris' first choice is a trip to Dignitas in Zurich. Since Swiss law is predicated upon 'unrelievable suffering' as opposed to 'terminal illness', Chris'

application is acceptable to Dignitas. However with the proposed changes to Swiss regulations, this door may close for Chris almost before it has opened.

And there are other issues at stake. Lawyers in Perth have advised that anyone who assists Chris onto the plane, where he to make this arduous trip, may find themselves charged with assisting his suicide. The same applies for the person who assists him renew his passport, the person who purchases his air tick and so on. Exit knows of very few people who are willing to take this risk.

The second choice open to Chris is self-starvation; that is Chris could refuse fluid and food, sustenance that he currently receives via the peg tube he has had inserted in his stomach. Yet this is hardly the dignified, quick, controlled ending any one of us would wish for.

Not only could the process take several weeks but Chris' unconscious body could become the subject of claims and counter-claims as various parties could foreseeably wield influence at the bedside and in the courts. Exit will continue to work with Chris to assist him to ensure all his options are identified and his ultimate wishes acted upon. An update of Chris' condition will be provided in the September edition of *Deliverance*.

Welcome to New Chapter Coordinators

As Exit continues to expand, so new Chapters (local branches) are blossoming all over. This month we welcome four new Chapter Coordinators and we encourage Exit members in these areas to make contact and come along to regular, local meetings.

Southern Highlands (Bowral) - Val Butler
Ph. 02-4888-9238 E: val@ipstarmail.com.au

Townsville (Qld) - Marj Lawrence
Ph. 07-4773-9295 E: marjlawrence72@hotmail.com

Bundaberg (Qld) - Ron Green
Ph. 07-4151-0597 E: sarong12@bigpond.com

Blue Mountains (Katoomba) - Dee Keijzer
Ph. 0438-572-337 E: dee.keijzer@gmail.com

Mid Nth Coast (Coffs) - Christa Weber
Ph. 02-6656-2699 E: kimkris.weber@gmail.com

Launceston (Tas) - Gwynneth Williams Ph. 03-6399-3390. E: classic@intas.net.au

Rockhampton (Qld) - Julie Davies Ph. 07-4935-4405 E: virago@westnet.com.au

Bendigo/ Castlemaine (Vic) - Trish Pilley 03-5472-3831 E: pilley@castlemaine.net

In the September edition of *Deliverance* we hope to introduce our new UK Chapter Coordinators followed by our US Coordinators in the October edition.

If you would like to establish a Chapter in your area or find out more about Chapter activities, please email elaine@exitinternational.net.

Exit Contact

Exit International

t. 1300 10 3948 (EXIT) (Aus Head Office)

t. (uk) 02071-931-557

t. (usa) 248-809-4435

t. (oz) 03-9850-8192

t. (nz) 09 889-0964

f. (oz) +61 2 9805-9249

contact@exitinternational.net

www.exitinternational.net

www.peacefulpill.com



Philip Nitschke speaking with Chris at his nursing home in Perth
Image courtesy - *The West Australian*

Exit Launches in North America

Next month Exit International US Ltd will hold its first public meetings and workshops in Canada and on the West Coast of the USA. At the workshops several end of life innovations developed by Exit will be demonstrated, including the gas flow fitting and the euthanasia drug test kit.

From our new base in Bellingham in Washington state (the second state in the US where Assisted Suicide has become legal), meetings will commence in San Francisco at the Buddhist Center on Tuesday 8 September, followed by Vancouver in Canada, Bellingham (Washington) and Anaheim in Orange County (California).

Vancouver Cancellation

On Thursday 30 July, the tour experienced a significant setback when Vancouver Library cancelled Exit's booking for a public meeting and workshop citing 'legal concerns'. Surprising given Canada's *Charter of Rights & Freedoms* which protects Free Speech.

Exit will challenge this decision, and is also attempting to locate an alternative venue. The new venue will be advertised on the Exit homepage once confirmed.

About the Tour

Exit's first Nth America tour follows an in-depth profile of Exit on ABC TV (US) *Nightline* current affairs program screening in August .

In this segment, filmed during Exit's May 09 tour of the UK, Exit International Director, Dr Philip Nitschke, discusses the past 13 years of his involvement in the end-of-life issues movement.

In particular, he focuses upon the concept and reality of the Peaceful Pill, the improved use of Helium (and other inert gases) and the availability of the best end-of-life drug Nembutal. Dr Nitschke will explain why, through his organisation Exit International, he has come to see the end-of-life choices movement as much broader than simply Assisted Suicide/ Voluntary Euthanasia law reform.

He explains in the program that society is "on the cusp of immense social change concerning how we die" and that this will be felt as more and more people demand the right to have total control over their death.

The Publication of 'Final Acts'

The US - Canada tour is also timely in that it precedes the publication of a new end-of-life choices book titled *Final Acts: Death, Dying and the Choices We Make* (edited by Nan Bauer-Maglin and Donna Perry) which is being published by Rutgers University Press and contains a chapter 'Dying Down Under' by Exit Directors, Dr Philip Nitschke and Dr Fiona Stewart.

Nan Bauer- Maglin is Emeritus Professor at the City University of New York. Donna Perry is Professor of English at William Paterson University.



This book has been almost 2 years in the production and Exit eagerly awaits its publication in October 2009.

In her back jacket endorsement of the book, the President of Compassion and Choices USA, Barbara Coombs Lee, writes:

The essays in 'Final Acts' offer all manner of paths, exploring a new relationship with death. Wise and gentle guides, Bauer-Maglin and Perry reveal meaning and purpose in the journey.

Final Acts is available by mail order from:
http://rutgerspress.rutgers.edu/acatalog/Final_Acts.html

Exit US & Canada Workshop topics include:

- Obtaining end of life Barbiturates
- Storage & testing of veterinary Nembutal
- Use of inert gases other than Helium
- Propoxyphene & other useful pharmaceuticals

Exit Sept 2009 Public Meetings - Workshops (Nth America)

San Francisco - Tue 8 Sept, 11am
SF Buddhist Center, 37 Bartlett St

Vancouver - Thurs 10 Sept, 1pm
A new venue is currently being sought.

Bellingham - Sat 12 Sept, 1pm
2nd Floor Mtg Room
Sustainable Connections
2309 Meridien St (Cnr Broadway)

Anaheim - Tues 15 Sept, 11am
East Anaheim Community Centre
8201 E. Santa Ana Canyon Rd, Anaheim

For more information contact Exit US on 248-809-4435 or call Richard on 818-340-8333. Email: contact@exitinternational.net

Are you on the Internet? Exit News & Forum Email

For Exit members on the Internet, Exit provides a free weekly email service that provides the latest news from around the world on the end of life choices debate.

This list is also used for News Announcements from Exit for the myriad issues that might interest members between edition of our monthly newsletter Deliverance. To subscribe to the list, you will need to enter your email address in the 'subscribe' box on the Exit homepage in the lower, left hand corner of the screen.

For those who wish to stay up-to-date with news on a daily basis, the Exit website News Service is updated daily, sometimes several times a day depending upon breaking news.

Again the Exit International home page - www.exitinternational.net contains a rolling News box on the top, left hand menu. This News box represents the most up-to-date information on end-of-life choices, assisted suicide and voluntary euthanasia.

Finally, Exit offers a third occasional mailing list for people specifically interested in news about *The Peaceful Pill Handbook* and *eHandbook*. Again, an email subscription box is available on the home page of the PPH at www.peacefulpill.com

This list is also free of charge and is predominantly used to announce regular updates to *The Peaceful Pill eHandbook*.

Peaceful Pill eHandbook July 2009 Update

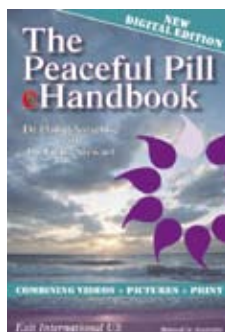
In July, Exit International US Ltd published its latest update to the video (online) edition of the *Peaceful Pill eHandbook*. Topics updated include:

- **Changes to Nembutal along Mexican Border**
- **New information on Nembutal in Peru**
- **New packaging**
- **Changes at Dignitas**

The video *Peaceful Pill eHandbook* is published by Exit International US Ltd and available at www.peacefulpill.com.

Purchase price is US\$75 (includes

24 months of updates). Those who have already purchased the print edition of *The Peaceful Pill Handbook* can email Exit for an AUD\$25 cash-back upon upgrading to the online edition.



Exitorial

July has seen the conclusion of a hectic three-month schedule of meetings & workshops. With Australian meetings now routinely attracting in excess of 100 people per time, the growth of interest in Exit's practical end of life strategies seems unending.

Of particular note was the first Coffs Harbour gathering which attracted almost 200 people with letters to the editor of the *Coffs Harbour Advocate* continuing some months after this very successful meeting.

I have just recently returned to Australia after five meetings in New Zealand, on both the North and South Islands. After another experience of detention at Auckland airport - for reasons unknown - the New Zealand media covered the tour in detail, showing particular interest in the Barbiturate Test Kit that were shown in NZ for the first time.

However, the trip was not without its setbacks. In both Wellington and Christchurch, venues cancelled Exit's long standing bookings at short notice suggesting that the planned gatherings were "inconsistent with Christ's teachings". In Wellington we were fortunate to locate the alternative venue of St Andrews (moving the meeting from St John's church). In Christchurch with the YMCA's cancellation, a meeting was held at the home of Exit members, Lindsey and Ron Pasfield-Edwards. I am grateful to them for their hospitality.

As this newsletter goes to press yet another venue cancellation has occurred, this time in Vancouver, Canada. In direct contradiction of that country's Charter of Human Rights, Exit's right to hold a meeting and right to discuss the ideas behind an end-of-life plan have been severely curtailed. Exit will appeal this decision on legal grounds.

August also sees me travel to Hong Kong to appear on Robert Chua's new 'Euthanasia' weekly program on Asia's Health and Lifestyle channel. I will be addressing the Foreign Correspondents' Club on Tuesday 15 August, as well as discussing the Nembutal Test Kit on 'Bloomberg' Asia.

As mentioned above, September heralds Exit International's first US public meetings and workshops. These meetings are long overdue with the number of North American Exit members increasing dramatically since the publication of the *Peaceful Pill eHandbook* in 2008. Given the glacial pace of change to legislation on end of life choices, and the fact that legislation can never provide for everyone's chosen final course, it is not surprising that interest in Exit's practical strategies continues to increase.

We look forward to the planned Nth America trip, eagerly anticipating the freedom that comes with a constitutionally-enshrined right to free speech, something unavailable to us here in Australia.

Philip Nikette

Bob Dent Day Literary Lunch Melbourne, 22 September 2009

Eighty-something Holocaust survivor, Julia Denes, has just lost her husband Gabor, and with him her will to live.

Writing from a position outside the voluntary euthanasia/ assisted suicide movement, Susan Varga's new novel *Headlong* deals with the question of what to do when a person decides a life is not worth living. That Susan's own elderly mother died by jumping in front of a train adds a tragic and intensely personal element to this story.

To mark Bob Dent Day 2009, Exit is pleased to invite members to a literary lunch where Exit Director Dr Philip Nitschke will be 'in conversation' with Susan Varga.

Exit is delighted to have as MC, another award-winning author (and Exit Member), Andrea Goldsmith, whose new novel *Reunion* (set in Melbourne & Oxford) launched the Exit Book Club in Sydney & Melbourne in May.

Lunch Program

11.30am - Arrival & champagne

12 noon - Lunch will be served

12.30 - 1.30pm - 'In conversation'

(Susan Varga, Philip Nitschke & Andrea Goldsmith)

1.30 - 2pm - Audience Questions/ Discussion

2pm - Presentation of 2009 Bob Dent Awards

2.30pm - Close



About Giorgios Restaurant

Giorgios Restaurant (www.giorgiosrestaurant.com.au) is located at the corner of Glenferrie Rd and High St, Armadale.

For our Bob Dent Day Literary Lunch, Giorgios is offering a 2-course, set menu (including a glass of champagne on arrival and wine/ beer/ soft drink with lunch). The cost is \$45 per person.

Places are limited so bookings will be accepted on a first-come, first-served basis.

To book please complete and return the slip below. Further details can be obtained by phoning Lindy Boyd at the Melbourne Exit office on 03-9850 8192 or email: lindy@exitinternational.net

About *Headlong* Author - Susan Varga

Susan Varga was born in Hungary and came to Australia as a child. She has an MA in English Literature and a law degree and has worked as both a teacher and lawyer.

Her books include *Heddy & Me* which won the Christina Stead Award for Biography/ Autobiography. Susan lives in the Southern Highlands of New South Wales. We welcome her to Bob Dent Day 2009.

RSVP Bob Dent Day Literary Lunch

Please book me place(s) for the Bob Dent Day Literary Lunch - 22 Sept 2009

Places are \$45 per head and include 2 course lunch with glass of wine or beer + champagne on arrival!

* Places limited so bookings are essential *

First Name(s).....

Visa

Mastercard

Cash

Last Name.....

Cheque/ money order

Address.....

Credit Card No.....

Postcode.....

Name on Card.....

Telephone.....

Signature.....

Expiry Date...../.....

RSVP to Exit International - Melbourne Office

134 Ayr St, Doncaster, Victoria 3108 Australia

Melbourne office 03 9850 8192

contact@exitinternational.net

www.exitinternational.net

Aug - Sept Chapter Meeting Dates

BRISBANE: Saturday, 29 August at 10 am - Contact Angelika on 0431-275-840

NELSON (NZ): 3 Church Lane, Nelson, Wednesday 12 August, 2pm - Contact - Jan on 545-9931

CENTRAL COAST: Kincumber Community Centre at 1.30 pm, Saturday, 29 August - Contact Bettina on 02-4369-4008

NEWCASTLE: Trades Hall at 10.30am, Monday 7 September - Contact Vincent on 02-4945-1916

DUNEDIN (NZ): 1st floor, Public Library, Dunedin at 2pm, 20 September – Contact Paula on 03-471-9955

PERTH: Wembley Community Centre, 40 Alexander St, Wembley at 1pm, Monday 10 August – Contact Carol on 0429-039-167

FORSTER: Tuncurry Bowls Club, 12 noon, Thursday, 27 August - Contact Leslie on 02-6554-5942

SOUTHERN HIGHLANDS: Mittagong RSL in Bessemer St, Wednesday 12 August at 10.15am – Contact Val on 02-4888-9238

MELBOURNE: Hawthorn Library Meeting Room, 584 Glenferrie Road, Hawthorn at 10.00am, Tuesday 25 August – contact Rob on 0423-305-788

SYDNEY: Dougherty Centre, Chatswood (7 Victor Street), 10:30am-1:30pm on Friday 11 September - Contact Madeleine on 0432-611-695

The Melbourne Book Group will also meet on Tuesday, 25 August at 1.00 pm, venue to be confirmed – Contact Lindy on 0438-316-817

TOOWOOMBA: Dr Price Room, 6 Little St at 1.00pm, Tuesday, 22 September - Contact Elaine on 07-5535-1151



Exit's recent Nelson workshop at Melrose House again attracted Demonstrators

MID NTH COAST: Cavanbah Centre, Harbour Drive Coffs Harbour at 2.00pm, 7 September – contact Christa on 02-6656-2699

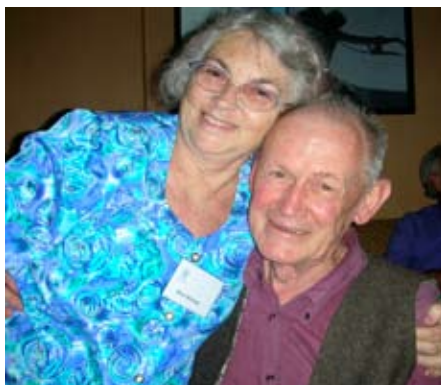
TOWNSVILLE: Wednesday 19 August – Contact Marj on 07-4773-9295

** Melbourne Billets Wanted for 20 - 21 September **

Exit International will be holding its annual Exit Chapter Coordinator Planning Day in Melbourne on Monday 21 September 2009.

and new. The discussion and training enables our Coordinators to go back to their local communities energised and with new ideas and contacts for the year ahead.

This now annual event allows Exit Chapter Leaders from all over Australia and New Zealand to come together to discuss their own Chapter's activities and learn from the experiences of their peers.



Bron Norman (Sunshine Coast) with Rob Cane (Melb) in Sydney at the 2008 Chapter Coordinators' dinner

Held in Sydney in September 2008, the occasion has proven an invaluable networking opportunity for the ongoing resourcing of Coordinators, old

If you live in Melbourne and are able to provide a bed and good company for an interstate/ OS Chapter Coordinator for the nights of Sunday - Monday (20 & 21 September), please call Lindy at the Melbourne office on 03-09850-8192.



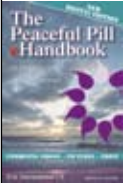
Ordering Guidelines
 The complete range of Exit books is now available worldwide.
 Orders of more than one item will be recalculated to save on postage.

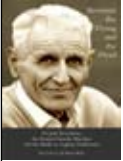
WBC	R	
WBC-G	KMS	
B	DVD	
C	OTHER	


Office Use Only

Exit UK Store
 PO Box 64087
 London E1W 9BW UK
 Ph: 02071-931-557
 Fax: 02078-550-828

Print Edition - PPH
 £23 (includes postage within UK)
(ships from UK)


 Killing Me Softly
VE & Road to Peaceful Pill
 £33
 (includes postage to UK)
(ships from Australia)


 Btw the Dying & Dead
Biography of Dr Jack Kevorkian
 £32 (incl postage to UK)
(ships from USA)


 Mademoiselle & Doctor DVD
 (PAL format)
 £25 (incl postage to UK)
(ships from Aust)

Exit US Store
 PO Box 4250
 Bellingham WA 98227 USA
 Ph: 248-809-4435
 Fax: 360-844-1501

Print Edition - PPH
 US \$30 (includes postage within US)
 US \$40 (includes postage worldwide)
(ships from USA)

Killing Me Softly
VE & Road to Peaceful Pill
 US\$50
 (includes postage to US)
(ships from Australia)

Btw the Dying & Dead
Biography of Dr Jack Kevorkian
 US\$42 (incl postage US)
(ships from USA)

Mademoiselle & Doctor DVD
 (NTSC format)
 US\$31 (incl postage worldwide)
(ships from Aust)

Exit Oz/ NZ Store
 PO Box 37781
 Darwin NT 0821 Aust
 Ph: 1300 10 3948 (EXIT)
 Fax: 02 8905 9249

Print Edition - PPH
BANNED
 (Australians wanting to purchase the PPH will need to order from the USA)

Killing Me Softly
VE & Road to Peaceful Pill
 AUD\$42.60
 (includes postage within Aust)
 AUD\$55 (includes postage - NZ)
(ships from Australia)

Btw the Dying & Dead
Biography of Dr Jack Kevorkian
 AUD\$62 (incl postage to Aust/NZ)
(ships from USA)

Mademoiselle & Doctor DVD
 (PAL format)
 AUD\$38.50
 (incl postage within Aust/ NZ)
(ships from Aust)

Please Support Exit International

I wish to join/ rejoin/ donate to Exit International
*(Most people give annually between AUD\$100-150 / £50 - £75 which includes membership of \$55, GST \$5)
 Life membership gratefully granted for donations of AUD\$1000 or more*

I would like to make a bequest to Exit *(please send me associated paperwork)*

First Name(s)..... I am paying \$on (today's date).....

Last Name..... Visa Mastercard Cheque

Address..... Credit Card No.....

Zipcode.....Country..... Name on Card.....

eMail@..... Signature.....

Telephone..... Expiry Date...../.....

AUD\$/ GBP£/ US\$ Cheques - all Accepted

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THE ONLINE PEACEFUL PILL eHANDBOOK is available from www.peacefulpill.com